## UPCOMING PROGRAMS

Contact Kevin for program dates or to register: 807-626-8480 kng@norwestchc.org

## **COOKING CONNECTIONS**

Join our engaging cooking sessions designed for older adults (50+), where you can learn delicious recipes, share stories, and enjoy healthy, tasty meals with friends.

## 'PRESERVING YOUR MEMORIES' WORKSHOP

Your memories, digitized in a flash. Bring your cherished photos to our workshop and create a lasting digital collection, ready to be safely stored and shared.

## **DIGITAL SKILLS 1-ON-1**

Have a tech question, big or small?

Get friendly, one-on-one help to master the digital skills you need. 30-minute sesisons by appointment only.

